

WINTER TRACK 2010 POST SEASON HONORS (All league, All County, etc.)

<u>Name</u>	<u>League V and Suffolk County Honors Received</u>
Dan Denis	1600m ALL LEAGUE, League Champion, ALL COUNTY, Long Island Champion, State Qualifier 3200m ALL LEAGUE, League Champion, ALL COUNTY 4x800m ALL LEAGUE, League Champion, ALL COUNTY, ALL STATE
Mark Castilletti	55m High Hurdle ALL LEAGUE, League Champion, ALL COUNTY 4x800m ALL LEAGUE, ALL COUNTY, ALL STATE
Zach Flood	600m ALL LEAGUE, League Champion, ALL COUNTY, Small School County Champion 4x800m ALL LEAGUE, ALL COUNTY, ALL STATE
Mario Buscemi	1000m ALL LEAGUE, ALL COUNTY, Small School County Champion 4x800m ALL LEAGUE, ALL COUNTY, ALL STATE
Connor Crowley	4x800m – ALL LEAGUE, League Champion
John Antonacci	4x800m – ALL LEAGUE, League Champion
Pat Kaplan	1600m – ALL LEAGUE
Pat Collins	Triple Jump – ALL LEAGUE

Noteworthy performances: (places in League/County Meets, School Records, etc.)

Dan Denis	1 st place in Long Island Indoor Championship (broke school record running 4:23.96 in the 1600m)
Mark Castilletti	2 nd place in Long Island Indoor Championship (broke school record running 7.67 in the 55m High Hurdles.
Zach Flood, Mark Castilletti, Mario Buscemi, and Dan Denis	2 nd place in Long Island Indoor Championship (broke school record running 3:28.15 in the 4x400m Relay [51.6 – 51.0 – 51.6 – 53.8])

Dan Denis, 5th place in 4x800m in Millrose Games at Madison Square
Mario Buscemi, Garden, this team also broke the school record at the Yale Invitational
Mark Castilletti, with a time of 7:58.48 FAT. In NYS Indoor Track and Field
and Zach Flood Championship, the team finished 2nd in public schools and 3rd in the
federation.

Other “Special Awards” (for athletes and coaches)

- Mark Castilletti: Top 5 ALL COUNTY TROPHY WINNER
- Scholar Athlete Team Award