

SEE COLLEGE VISITS TO BAYPORT-BLUE POINT HIGH SCHOOL(PAGE 9)  
INTERESTED STUDENTS SHOULD SIGN UP IN THE COUNSELING CENTER



## Bayport-Blue Point UFSD Counseling Center Newsletter September 2010 Edition

### District Counseling Staff

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Dear Community,

Welcome back to school. We hope you enjoyed your time on our beautiful beaches with the many amenities that Long Island offers its residents.

As you can see from your child's schedule, we had a busy but very productive summer. Most students received the courses they requested and most students had little or no course conflicts. We want to thank our administration for developing a great master schedule.

Now that we are beyond the beginning stages of school (all new entrants scheduled, classes balanced and meeting with students with special needs) we are off and running. In addition to seeing students by request, we are focusing on transitioning our ninth grade students to the high school and meeting with seniors for college planning.

We want senior parents to beware of the activities that are connected with college placement. Therefore, we have enclosed a copy of the *College Series*. This brochure will list all the college related activities the Counseling Center will be sponsoring. In addition, it lists all test dates for the ACT & SAT. Please be sure that **all** seniors take an ACT. We have worked extremely hard this year in inviting colleges and universities to our high school. Each week we will announce college visits for interested seniors and juniors. In addition, we will sponsor two college fairs. We look forward to our families becoming personally acquainted with US colleges and universities. If at any time you or your child has a question related to the college admission process, please call the Counseling Center.

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New school, new teachers, being the youngest in the school, not knowing your school resources, can be an overwhelming and scary moment for some students. In order to enhance freshman transition to the high school, our freshman will meet with their respective counselors in groups. Counselors will emphasize time management, as well as school activities. Please contact your child's counselor if yours is exhibiting anxiety connected to their new school setting.

We wish you and your children a happy, successful and fun school year.

*Bayport School District Counseling Staff*

### **College Series**

As the college selection and admissions process becomes more competitive each and everyday, the Bayport-Blue Point High School Counseling Center is looking to provide our students with as much assistance as possible when making such a difficult decision. Along with the daily interaction with the guidance counselors, we have developed a program that provides both students and their parents with such assistance.

Please join us as we kick off our inaugural "College Series." Through a series of college fairs and student/parent workshops, we are hoping to provide you with the most up-to-date information on the college process. We know that this can be a difficult and stressful time for both students and their families and our goal is to help you every step of the way.

If you have any questions regarding our program, please do not hesitate to contact the Counseling Center.

#### **College Fair**

**Date: Friday, October 8, 2010**

**Time: Periods 1 & 2**

**Location: High School Cafeteria**

**Audience: 11th and 12th Grade (Students Only)**

The fall college fair will allow students to interact with admission representatives from a wide range of colleges and universities, as well as other postsecondary institutions to discuss course offerings, admission and financial aid requirements, college life in general and other information pertinent to the college selection process. Students will be able to collect brochures, view books and applications for admissions and financial aid for most visiting colleges.

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The fair will provide students with one-on-one contact with college representatives. Some questions you may wish to ask include:

- What are the application deadlines for admissions and financial aid?
- When must I choose a major?
- How are roommates selected?
- What will a faculty advisor do for me?
- Are there any special placement tests that an entering freshman needs to take in order to place into or out of certain classes?
- What is your enrollment?

A full list of institutions attending the fair will be available on the Counseling Center's website

*Tip...Bring self addressed labels to place on college recruiting cards. This will save you time and enable you to speak with more college representatives.*

#### **NCAA Information Night**

**Date: Tuesday, October 12, 2010**

**Time: 7:00 PM**

**Location: High School Auditorium**

**Audience: All Students and Parents**

This presentation is designed to give students and their parents all the ins and outs of the college athletic recruiting process. The topics covered in the presentation will include being proactive, finding a "good match," marketing yourself, the role of athletics in the admissions process, financial aid packages, recruiting rules, the NCAA Clearinghouse, and much more. Student-athletes and their parents will also have the opportunity to participate in a question and answer session. Our presenter is Mr. Wayne Mazzoni. He is a current NCAA Division I coach, and a former college athlete. He is a published author, national lecturer and counselor on the subject of college athletic recruiting. Mr. Mazzoni has been a guest on nearly all U.S. sports radio stations, including WFAN Sports Radio 660 in New York. He has appeared on Fox, ABC, News 12, Fan TV, and other television programs. He has led seminars at hundreds of high schools across the country and at state athletic director conventions in New York and New Jersey.

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**Financial Aid Night**

**Date: Thursday, January 13, 2011**

**Time: 7:00 PM**

**Location: High School Auditorium**

**Audience: All Students and Parents**

Come join us as an expert in the field of college financial aid presents information on all the ins and outs of the financial aid process, from the types of financial aid packages, to important forms and filing deadlines. All aspects of the financial aid process will be covered.

**On-Site College Admissions**

**Date: October 22, 2010**

**Time: 8:00 AM**

**Location: High School Library**

**Audience: 12th Grade (Students Only)**

Representatives from several schools will be available by appointment only to meet with students and discuss their application. Students will be told whether or not they will be admitted on the spot. Last year, we had 7 colleges attend, 59 students received an acceptance, and \$46,000 of scholarships were awarded. A complete list of colleges and universities will be published by the Counseling Center.

**College Planning Workshop Series**

**Dates: Tuesday, March 8, 2011 (Part I)**

**Tuesday, March 15, 2011 (Part II)**

**Time: 7:00 PM**

**Location: High School Auditorium**

**Audience: All Students and Parents**

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Our presenter has vast knowledge of the college admission process gained through his distinguished career. He has over 30 years experience in the educational and college counseling field. His resume includes: Experiences as a teacher, school counselor, school administrator, special education administrator, director of guidance/counseling, college admissions counselor for St. John's University, and as a consultant to school districts throughout Long Island and New York State. The topics discussed during these workshops will include conducting a self-evaluation, finding which schools to apply to, developing the strongest possible portfolio, and many more.

**College Fair**

**Date: Monday, April 4, 2011**

**Time: 7:30 - 9:00 PM**

**Location: High School Gym**

**Audience: All Students and Parents**

The spring college fair will allow students and their parents to interact with admission representatives from a wide range of colleges and universities, as well as other post-secondary institutions to discuss course offerings, admission and financial aid requirements, college life in general and other information pertinent to the college selection process. Students and their parents will be able to collect brochures, view books and applications for admissions and financial aid for most visiting colleges.

The spring college fair provides students and their parents with a great opportunity to get a jump start on the college search.

*Tip...remember those self address labels to share with college representatives.*

**SAT Dates**

October 9, 2010  
November 6, 2010  
December 4, 2010  
January 22, 2011  
March 12, 2011  
May 7, 2011  
June 4, 2011

**ACT Dates**

October 23, 2010  
December 11, 2010  
April 9, 2011  
June 11, 2011

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## **Ten Tips for Helping Your Child Transition to the New School Year**

Whether your child is moving to a new neighborhood or making the leap to middle or high school, the first few weeks may be filled with anxiety as well as excitement. These 10 tips will help your child make a smooth transition to his or her new school.

### **1. Make it a team effort.**

If you're choosing between a few schools, talk with your child about what each one has to offer. When it comes time to select specific classes, make sure your child is part of the process.

### **2. Keep a positive focus.**

As the first day draws near, begin talking to your child about her expectations, hopes and fears for the upcoming school year. Reassure them that other children are having the same feelings and that they are sure to have a great year. Present school as a place where they will learn new things and make friends.

### **3. Encourage school involvement.**

Though you don't want your teenager to become over-committed, it's important to encourage participation in one or two activities that particularly interest him. They are more likely to be engaged academically if they feel connected through a school activity, club or sport. Talk to them about their goals for the school year and how they might like to be involved in school outside of the classroom.

### **4. Get enough z's.**

If your child has enjoyed a vacation of late nights and lazy mornings, getting them up for school on the first day can be difficult. Help make this transition easier by starting their school-year sleep routine a week or two in advance.

### **5. Take a trial run.**

Take some time before the start of school to make sure you and your child know where to go and what to do on that first morning. Show your child where the bus stop is, or, if she walks, map out the safest route to school, avoiding vacant lots and places where there aren't a lot of people. Warn your child to always walk with a friend and scout out safe houses to go to in case of emergency. If you can find out what classroom your child will be in, visit the classroom ahead of time so they know exactly where to go in the morning. You may even want to call the school in advance to find out about any special first-day procedures.

### **6. Stock up on supplies.**

On or before the first day of school, make sure you or your child finds out what [school supplies](#) and materials are required. Most schools should provide a handy list for the lower grades, but if not, take it upon yourself to ask and then purchase the items as soon as possible. Middle and high school students should bring a notebook and pen or pencil on the first day.

### **7. Prepare the night before.**

To avoid the morning rush, organize what you can the night before. Lay out clothes, make a lunch and assemble any supplies your child may need. Be sure to get everyone up extra early so you'll have plenty of time to calmly get ready and get out the door on time.

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**8. Get a healthy start.**

Encourage your child to eat a good breakfast and pack a healthy snack to help her get through the day.

**9. Accompany your little one.**

Even if your elementary school child will be riding the bus regularly or walking to school, you may want to take him yourself on the first day, particularly if he seems nervous.

**10. Introduce yourselves.**

Young children are often shy with a new teacher. If you take your child to school on the first day, you might want to go into the classroom and introduce your child to the teacher. Let the teacher know about any special interests or challenges that your child has.

**Infinite possibilities for the new school year**

The start of the school year is upon us. This being the case, we should take a look at readying our children for the new school year. Previously, I discussed the transition that we as adults make, as we cycle from the summer months into the fall. However, our young people have a transition to make as well.

As our children end the summer months, some of them may have been inactive academically and physically. Here are some suggestions to help your child transition into an incredible academic and fulfilling year ahead.

First, transition your child's sleeping routine. Get them to bed earlier. They will need their rest. During the summer months, they have the freedom to stay up late. As school approaches, start resetting their body clock to get them adjusted to going to bed at a time that allows them to get eight hours of sleep.

Second, transition their eating habits. One of the most difficult things for our children to do is endure from that first period class to lunchtime. Many of our youngsters don't eat a healthy breakfast, and the breakfasts they do eat is high in sugar. Then they "crash," or find that they're not as attentive during the remainder of the school day, once the sugar has worn off.

Third, transition into an academic mode. Organization is key, so require your child to keep an assignment book. They should write their homework assignment in this book everyday. This is your guide to what they're doing on a day-to-day basis.

Additionally, overall effort is vitally important. We've got to make sure our children focus on giving 100 percent effort in everything. If we can get our young people to always give their best in whatever they're doing, especially their academics, it will always put them in a position to succeed.

Monitor how much effort and time we see our children putting the into day-to-day academic activities. We have the tendency to support them all the time in their athletics, but not with academics.

Make it comfortable for them to ask you questions. If you don't know the answer, help them find it.

Finally, parents, you need to participate. At the beginning of the year, there are orientations, and parent club meetings. Get out and participate. Go meet your child's teachers. Go to the school. Attend the parent meetings. This is the only way our children's voices are going to be heard.

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This overall transition is a guide to a successful new school year. With your help, your child can be successful, build upon that success, and use that educational base as the way to improve themselves, and ultimately, give back to their community.

### **NCAA Eligibility**

Those planning to enroll in college in the fall 2011 need to request final amateur certification at this time. If you have selected fall 2011 as your enrollment period, you must first log in to your account and migrate your account to [www.eligibilitycenter.org](http://www.eligibilitycenter.org). Official test scores must be sent from the testing agency using code 9999. Test scores that appear on a high school transcript will not be accepted. Separate official transcripts for all high schools attended for grades nine through 12 must be sent to the Eligibility Center.

#### **Grade 9**

- Verify with your high school guidance counselor and the online core-course listing to make sure you are on track.

#### **Grade 10**

- Verify with your high school guidance counselor and the online core-course listing to make sure you are on track.

#### **Grade 11**

- Register with the eligibility center.
- Make sure you are still on course to meet core-course requirements (verify you have the correct number of core courses and that the core courses are on your high school's 48-H with the eligibility center).
- After your junior year, have your high school guidance counselor send a copy of your transcript. If you have attended any other high schools, make sure a transcript is sent to the eligibility center from each high school.
- When taking the ACT or SAT, request test scores to be sent to the eligibility center (the code is "9999").
- Begin your amateurism questionnaire.

#### **Grade 12**

- When taking the ACT or SAT, request test scores to be sent to the eligibility center (the code is "9999").
- Complete amateurism questionnaire and sign the final authorization signature online on or after April 1 if you are expecting to enroll in college in the fall semester. (If you are expecting to enroll for spring semester, sign the final authorization signature on or after October 1 of the year prior to enrollment.)
- Have your high school guidance counselor send a final transcript with proof of graduation to the eligibility center.

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<b>COLLEGE</b>	<b>DATE</b>	<b>PERIOD</b>
Northeastern University	Sept. 16, 2010	9
Roger Williams University	Sept. 21, 2010	3
Eastern Connecticut State University	Oct. 4, 2010	7
Elon University	Oct. 4, 2010	8
Loyola University	Oct. 4, 2010	2
Bentley College	Oct. 5, 2010	2
Fashion Institute of Technology (FIT)	Oct. 5, 2010	9
Alfred University	Oct. 6, 2010	2
Boston College	Oct. 6, 2010	4
Curry College	Oct. 6, 2010	1
Emerson College	Oct. 6, 2010	9
Binghamton College	Oct. 7, 2010	4
Massachusetts College of Pharmacy	Oct. 7, 2010	6
Long Island College Consortium	Oct. 8, 2010	1 & 2
Adelphi University	Oct. 15, 2010	3
St. Johns University	Oct. 15, 2010	2
Siena College	Oct. 19, 2010	7
Briarcliffe College	Oct. 22, 2010	2
On-Site College Day	Oct. 22, 2010	2
St. Joseph's College	Oct. 22, 2010	2
George Mason University	Oct. 25, 2010	2
Saint Thomas Aquinas College	Oct. 26, 2010	6
Molloy College	Oct. 27, 2010	4
Buffalo State	Oct. 28, 2010	3
University of New Hampshire	Oct. 28, 2010	2
Ithaca College	Nov. 2, 2010	6
University of Delaware	Nov. 4, 2010	1
College Fair	Apr. 4, 2011	7:30 - 9:00 PM