



Long Island Sportsplex  
246 N. Main Street  
Sayville, NY 11782

[www.lisportsplex.com](http://www.lisportsplex.com)

# Long Island Knights Girl's AAU



The Plex is home of the Long Island Knights AAU Basketball Teams  
Girls 4<sup>th</sup> -11<sup>th</sup> grade are eligible to try-out

*Long Island Knights will administrate all tournaments, practices, and travel arrangements*

All try-outs are held at the Academy of St. Joseph's in Brentwood  
1725 Brentwood Road, Brentwood, NY 11717

**Sunday, February 12<sup>th</sup>** Younger Grades

4<sup>th</sup> grade teams and 5<sup>th</sup> grade teams will try-out from 9 to 10:30am

6<sup>th</sup> grade team, 7<sup>th</sup> grade teams and 8<sup>th</sup> grade teams from 10:30-12pm

**Sunday, February 26<sup>th</sup>** High School Grades

8<sup>th</sup> grade and 9<sup>th</sup> grade teams 9am to 12pm

**Sunday March 4<sup>th</sup>** 10<sup>th</sup> and 11<sup>th</sup> grade teams from 9am to 12pm

AAU Fee is \$595 for the season includes: uniform, 2 practices a week, six to seven tournaments, insurance and fundamental training sessions and professional certified coaches Teams that travel and stay out over night, the fee will increase, this will be discussed after teams are formed.

**Click the link or call ISA to register for the try out, you must register for the try-out**

<http://www.lisportsplex.com/page/show/424608-basketball> or call 631-244-0400

For additional questions email Kate Gordon at [kategordonbball42@gmail.com](mailto:kategordonbball42@gmail.com)