

JWY Middle School



Boar's Head

New This Year!

Made to order
Boar's Head Deli
Bar!

All sandwiches &
wraps \$4.00 ...
Made to order!



Welcome Back!



September 2010

Meal Prices

Secondary Lunch \$2.25
Reduced Lunch \$.25
Milk \$.50
Adult Lunch \$4.50 +Tax

Lunch consists of Meat/Meat Alternate,
Hot/Cold Vegetable, Fresh Fruit/Fruit
Cup or Fruit Juice, Bread/Grain and
Choice of Milk

PREPAID LUNCHES AVAILABLE

Pizza! Pizza!

Tasty marinara sauce with bubbling mozzarella
cheese atop crispy pizza crust!
Pepperoni topped too!

ALL SORTS OF BURGERS!

Choose from hamburgers, cheeseburgers and
veggie burgers!

Chicken Patties!

Spicy or Original Your choice! Served on a
wholesome whole wheat bun!

Ole! Ole!

Soft or crunchy tacos, or nachos! You pick!
Served with shredded cheese, lettuce & tomato
Salsa and sour cream on the side!

Deli It Your Way!

All sorts of cold cuts, cheeses, breads, wraps and
rolls to choose from! "Deli It Your Way"!

BERRY- BERRY GOOD FOR YOU!

*Blueberries are the second most popular berry in the United States

*Michigan and New Jersey produce 66% of all the blueberries in the United
States, followed by North Carolina, Oregon and Washington.

*Over 200 million pounds of blueberries are grown every year in North
America.

*Blueberries are first picked by hand to gather the best of the early fruit.
Later, if the fruit is to be mechanically harvested, a harvesting machine goes
through the field and gently shakes each bush so only the ripe blueberries
drop off.

*Blueberries are a good source of Vitamin C and fiber.



Daily Meal Alternates



Vegetarian Wrap-

Veggie Burger,
lettuce, tomato on a tortilla wrap.
Fruit/fruit juice & choice of milk

Egg & Bagel Express-

Hard boiled egg, fruit/fruit juice, car-
rot/celery sticks & choice of milk

Chicken Fiesta Nacho Salad -

Fresh salad greens topped
with chicken, beans, cheese.
& nacho chips, fruit/fruit juice &
choice of milk

Prepaid meals are available

<http://www.bbpschools.org/newsite/Bayport/Calendars/lunch.php>
<http://www.bbpschools.org/newsite/Bayport/District/nutrition.php>

Questions?

Contact the lunch office: 687-6525

Menu subject to change without notice